

# FEBRUARY 2023

**Santa Clara County Senior Nutrition Program**  
 Campbell Community Center Room M-50 Phone: 408-866-2764  
**\$3.00 Suggested contribution per meal**  
**First come, first serve**      **NO RESERVATIONS**  
 Doors open at 9:00 am      Meals served 11:30 am – 12:00 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Baked Fish w/ Sweet Vinegar Brown Rice Bok Choy & Carrots Fresh Fruit in Season	<b>2</b> Beef w/ Garlic Sauce Brown Rice Green Beans & Beets Fresh Fruit in Season	<b>3</b> Calabacitas con Pollo Brown Rice w/ Beans Zucchini & Corn Fiesta Vegetable Blend Fresh Fruit in Season
<b>6</b>  Vegetarian Southwest Pasta Whole Grain Penne Spinach Greens California Vegetable Blend Fresh Fruit in Season	<b>7</b> Braised Meatballs w/ Marinara Sauce Brown Rice Cauliflower & Carrots Fresh Fruit in Season	<b>8</b> Baked Pork Spareribs w/ Black Bean Sauce Rice Vermicelli Green Cabbage & Edamame Fresh Fruit in Season	<b>9</b> Baked Fish w/ Pickled Sour Mustard Brown Rice Zucchini & Bean Sprouts Fresh Fruit in Season	<b>10</b> Ginger Pepper Beef Whole Wheat Garlic Noodles Steamed Cabbage Fresh Garden Salad w/ Carrots Fresh Fruit in Season
<b>13</b> Hawaiian Chicken Whole Wheat Roll Green Beans w/ Red Bell Peppers Sweet Potatoes Fresh Fruit in Season	<b>14</b> Baked Fish w/ Creamy Corn Brown Rice Napa Cabbage & Carrots Fresh Fruit in Season	<b>15</b> Baked Chicken Drumette w/ BBQ Sauce Egg Noodle Shanghai Bok Choy Fresh Fruit in Season	<b>16</b> Baked Pork Chop w/ Onion & Black Pepper Sauce Whole Grain Penne Pasta Turnips & Carrot Fresh Fruit in Season	<b>17</b> Ranchero Chicken Whole Grain Corn Tortilla Steamed Zucchini & Yellow Squash Chuckwagon Corn Fresh Fruit in Season
<b>20</b> 	<b>21</b> Baked Chicken Thigh w/ Korean Style Teriyaki Sauce Brown Rice Zucchini & Garbanzo Beans Fresh Fruit in Season	<b>22</b> Baked Fish w/ Mentaiko Sauce Whole Grain Spaghetti Okra, Napa Cabbage & Carrots Fresh Fruit in Season	<b>23</b> Baked Chicken Quarter Leg w/ Lemongrass Thick Rice Noodles Green Cabbage & Baby Corn Fresh Fruit in Season	<b>24</b> Meatloaf w/ Gravy Whole Wheat Roll Whipped Potatoes California Blend Vegetables Fresh Fruit in Season
<b>27</b> Chicken Adobo Cilantro Brown Rice Broccoli Diced Carrots Fresh Fruit in Season	<b>28</b> Braised Turkey Meatballs w/ Creamy Mushroom Whole Grain Orzo Green Cabbage & Carrots Fresh Fruit in Season			