

# April 2024



**Santa Clara County Senior Nutrition Program**  
 Campbell Community Center Room M-50 Phone: 408-866-2764  
**\$3.00 Suggested contribution per meal**  
**First come, first serve NO RESERVATIONS**  
 Doors open at 9:00 am Meals served 11:30 am – 12:00 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  <b>CLOSED FOR CESAR CHAVEZ DAY</b>	<b>2</b> Beef w/ Sweet & Chili Sauce Black & Brown Rice Green Cabbage & Carrots Fresh Fruit in Season	<b>3</b> Baked Fish w/ Pickles Sauce Brown Rice Napa Cabbage & Red Pepper Fresh Fruit in Season	<b>4</b> Baked Chicken Quarter Leg w/ Ginger Sauce Non-Whole Grain Thick Rice Noodle Green Pepper & Mushroom Fresh Fruit in Season	<b>5</b> Meatloaf w/ Gravy Whole Wheat Roll Whipped Potatoes California Blend Vegetables Fresh Fruit in Season
<b>8</b> Chicken Adobo Brown Rice Pilaf Broccoli Diced Carrots Fresh Fruit in Season	<b>9</b> Braised Turkey Thigh w/ Gravy Sauce Brown Rice Spinach & Garbanzo Beans Fresh Fruit in Season	<b>10</b> Baked Pork Spareribs w/ Garlic & Black Bean Sauce Quinoa & Brown Rice Kale, Napa Cabbage & Carrots Fresh Fruit in Season	<b>11</b> Baked Fish w/ Corn Sauce Non-Whole Grain Egg Noodle Green Cabbage & Baby Corn Fresh Fruit in Season	<b>12</b> Garlic Herb Fish Whole Grain Bread Roasted Diced Sweet Potatoes Fresh Coleslaw Fresh Fruit in Season
<b>15</b> Stuffed Beef & Turkey Pepper Casserole Whole Wheat Bread Tomatoes & Bell Peppers Broccoli Fresh Fruit in Season	<b>16</b> Baked Fish w/ Tartar Sauce Black & Brown Rice Napa Cabbage & Carrots Fresh Fruit in Season	<b>17</b> Minced Beef w/ Mongolian Sauce Non-Whole Grain Shanghai Style Egg Noodle Shanghai Bok Choy Fresh Fruit in Season	<b>18</b> Baked Chicken Thigh w/ Teriyaki Sauce Brown Rice Turnips & Carrots Fresh Fruit in Season	<b>19</b> Chicken Curry Brown Rice Roasted Zucchini Brussels Sprouts Fresh Fruit in Season
<b>22</b> Chicken Stir Fry Brown Rice Stir Fry Vegetables w/ Carrots Asian Slaw Fresh Fruit in Season	<b>23</b> Baked Spareribs w/ Taro Sauce Brown Rice Cauliflower & Carrots Fresh Fruit in Season	<b>24</b> Baked Fish w/ Creamy Mushroom Sauce Quinoa & Brown Rice Green Cabbage & Edamame Fresh Fruit in Season	<b>25</b> Baked Pork w/ Abalone & Cilantro Sauce Brown Rice Red Pepper & Bean Sprouts Fresh Fruit in Season	<b>26</b> Fish Vera Cruz Corn Tortilla California Blend Vegetables Whole Kernel Corn Fresh Fruit in Season
<b>29</b> Vegetarian Southwest Pasta Whole Grain Penne Pasta Spinach Greens California Vegetable Blend Fresh Fruit in Season	<b>30</b> Braised Meatballs w/ Basil Pesto Sauce Brown Rice Green & Red Bell Pepper Fresh Fruit in Season			

Each meal has 750 - 900 mg of sodium.